

Maternal and Newborn Care Service Line

Patient & Visitor Restrictions during COVID-19

Standard Guidelines

- **Children are not permitted in the Hospital at this time.**
 - **ALL NICU/SCN parents, support persons & intended parents will be provided with necessary mask (if cloth deemed appropriate, they may wear their own)**
 - NICU/SCN parents, support persons & intended parents will be verbally screened at the hospital entrance
 - They will be directed to take the designated elevator to the Maternal and Newborn Care floor (D elevator at Civic, service elevator at General)
 - Support person will be called in only when patient is admitted in active labour & will not be permitted to leave until discharge. Support person **MUST** be healthy (pass FRI).
 - *If mother is suspect/COVID-19+ve (fails FRI)*, healthy support person (who does not live with the patient & has not seen them in the past 14 days) will be provided with a mask and directed to patient's room.
 - *If mother is healthy*, the healthy support person will be provided with a cloth mask and directed to patient's room.
 - **If support person fails FRI screening, they will be not allowed to enter.**
- If for an elective c-section the healthy support person will be called when patient is in recovery room after the baby is born.
- Support person to bring all items required to last the entire hospital stay (ie clothing, food, toiletries) & car seat when they are called in.
- If admitted to Mother Baby Unit for monitoring, as per TOH visiting guidelines, support persons will not be allowed to visit
- If admission to MBU was unexpected, patient may have delivery of personal items brought to TOH entrance screening desk. A porter/CCA can be sent to pick up bin. Items should be brought in a plastic bag/Rubbermaid container that can be Viroxed at front door screening station.

Triage

- No support persons are allowed in triage
- A nurse will perform a second and more detailed screening
- Patient will be registered and assessed in a triage room or designated BU room in consultation with CF
- As per normal process, if patient comes into the Obstetrical Assessment Unit (Triage) for assessment they can be asked to go home until they have progressed to active labour.

OB/MFM Clinics & Ultrasound

- No support persons allowed during clinic or ultrasound appointments

Induction of Labour

- Support person may join patient only when patient is admitted AND in active labour

Birthing Unit

- Patient will only be admitted to Birthing Unit when in active labour
- Support person will only be called in when patient is in active labour
- Only 1 support person will be allowed during labour
- Support person's name will be provided to front entrance screeners by phone:
 - Civic Melrose ext.19057
 - Civic Patterson ext.19058
 - General Main Entrance ext. 79520
- Support person must be healthy and pass FRI screening (see above)
- Support person remain with patient for the duration of her hospital stay (including after delivery, while in recovery and until discharge)
- Support person cannot rotate or change through labour process
- If support person leaves for any reason, they will not be permitted to re-enter

Note** Surrogate births and Adoption:

- Labouring mom will choose her own support person to stay until birth.

Cesarean Birth

- Support person is not permitted to enter the OR
- Support person can join patient in the recovery room
- For scheduled cesarean section, support person will be called to come when patient is in recovery room.

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Mother Baby Unit:

- Support person must stay in patient's room at all times during hospital stay
 - Patient & support person to wear their provided masks at all times during stay.
- Support person to bring everything they will need for the duration of the hospital stay
 - Support person can bring cooler with snacks and drinks
 - We will provide ice for cooler and water to drink
 - There might be a limited amount of additional food and coffee available for support person
 - No shower facilities for support person on Mother Baby Units

Surrogate birth and adoption

- If birth mom wants to keep baby with her
 - We will not admit the intended parents on MBU
- If birth mom does not want contact with baby
 - Admit the intended parents, who have passed the FRI- with baby until baby ready for discharge
 - Intended parents must wear provided masks during the entire hospital stay.

Note**

- Ensure all legal transactions are completed outside of the hospital as lawyers will not be allowed to enter hospital during COVID precautions.

NICU/SCN:

- Parents may continue to visit
- Limit of one parent at a time in the hospital
- Limit each parent visit to once a day
- Parent to remain at bedside for duration of the visit & wear appropriate mask during entire visit.

Note For admitted moms with baby(s) admitted to CHEO NICU:**

- **CHEO visitation policy is aligned with TOH NICU/SCN policy**
- CHEO security present at CHEO end of tunnel to screen and let parent in during the day, 7 days a week,
- During off hours parent to use phone at CHEO end of tunnel to call security. CHEO security will meet parent to unlock entrance and screen parent.

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OB Visitor Restrictions for COVID-19

- Support person will be called in only when patient is admitted in active labour & will not be permitted to leave until discharge. Support person **MUST** be healthy (pass FRI).
 - Support person will not be permitted to enter solely based on the need to translate for patient; patient will be asked to bring their phone to facilitate translation over the phone.
 - *If mother is a suspect/COVID-19+ve (fails FRI)*, healthy support person (who does not live with the patient & has not seen them in the past 14 days) will be provided with a surgical mask and directed to patient's room.
 - *If mother is healthy (passes FRI)*, healthy support person will be provided with a cloth mask and directed to patient's room.
 - **If support person fails FRI screening, they will be not allowed to enter.**
 - An alternate healthy support person (who meets the same above criteria) can be identified
- Support person's name will be provided to front entrance screeners by phone:
 - Civic Melrose ext.19057
 - Civic Patterson ext.19058
 - General Main Entrance ext. 79520
- **Triage, OB clinics and ultrasound** – Expectant mother only
- **Pregnancy loss** – Manager/CF will call screeners to add support person name to list
- **Labour assessment** – Expectant mother only to triage
- **Admission to Birth Unit** – BU nurse to call support person to come in – support person will inform the screener they have been called to support a labouring mom
- **Car seat pick up** – Support person will have a car seat ticket to go in and out
- **Readmission to postpartum unit** – Mother only. May bring baby if well enough to care for baby – If not well baby to remain home with partner. We are not readmitting partner.
 - Physician to discuss with mother prior to admission
- **Monarch readmit baby**- only 1 person to accompany baby
- **NICU/SCN** – Limit of one parent at a time in the hospital. Limit each parent visit to once a day. Must be wearing baby bracelet